

WELCOME TO THE TUULEN TUPA GRILL

This menu is available 11:30am-4:30pm Thursday-Sunday & holiday weekdays
(our Kuuma Tupa Snack Bar serves lunch Saturday-Wednesday)

~ SOUPS & CHILI ~

Finnish Fish Chowder (<i>Kalakeitto</i>).....	<i>Bowl</i>	\$5.50
Soup du Jour	<i>Bowl</i>	\$4.50
Chili – Veggie or Beef	<i>Bowl</i>	\$5.99
	Add Cornbread75

~ SALADS ~

Choice of Jay's Homemade Dressings: Bleu Cheese, Ranch, Italian, Russian, Parmesan Peppercorn, House Horseradish

Chicken Caesar Salad	\$7.99	Mediterranean Salad	\$8.99
<i>Grilled chicken, Romaine lettuce mixed together with Caesar dressing, Parmesan cheese, and mozzarella cheese, topped with croutons</i>		<i>Spring Mix lettuce topped with grilled chicken, roasted red peppers, artichoke hearts, olives, cucumbers, tomatoes, red onions and feta cheese</i>	
House Salad	\$5.99	Hearty Salad	\$10.99
<i>Spring mix lettuce with tomatoes, olives, cucumber, red onions and croutons</i>		<i>Mixed greens, sliced avocado, sun-dried tomatoes, red onion, carrots, cucumbers, red peppers, sprouts and croutons.</i>	
Shrimp Salad	\$10.99		
<i>Spring mix lettuce, sun-dried tomatoes, red onion, Carrots, cucumbers, tomatoes, shrimp and croutons</i>			

~ WRAPS ~

Served with chips and pickle

Chicken Caesar	\$6.99	Buffalo Chicken	\$6.99
<i>Chicken, Romaine lettuce mixed together with Caesar dressing, Parmesan cheese and mozzarella cheese</i>		<i>Chicken tossed in wing sauce with lettuce and bleu cheese</i>	
Mediterranean Chicken	\$7.99	Vegetarian Wrap	\$6.99
<i>Chicken, roasted red peppers, artichoke hearts, olives, tomatoes, red onions and feta cheese</i>		<i>Roasted red peppers, artichoke hearts, olives, tomatoes</i>	

~ SANDWICHES ~

Served with chips and pickle

1/3 lb Angus Burger	\$6.99	Grilled Chicken Sandwich	\$6.99
<i>Served on a roll with lettuce and tomato</i>		<i>Grilled chicken served on a roll with lettuce, onion, tomato and mayonnaise</i>	
Add Cheese50	Add Bacon75
Tuna Melt	\$7.25	Cajun Chicken	add .50
<i>Served with American cheese and tomato</i>		Finnish Meatball Sub	\$7.99
Portabello Stacker	\$7.25	<i>Finnish Meatballs on grilled ciabatta bread topped with cranberry-dill sauce, lettuce and cucumber</i>	
<i>Marinated Grilled Portabello with melted mozzarella cheese served on ciabatta bread with lettuce, tomato, onion & basil</i>		Club Sandwich	\$7.99
Hot Dog (<i>Hebrew National</i>).....	\$3.50	<i>Choice of ham or turkey on wheat, white or rye served with lettuce, tomato and cheese</i>	
Add Chili	\$1.00	1/2 Club Sandwich & Cup of Soup du Jour	\$7.50
Grilled Cheese	\$4.25	Substitute Cup of Finnish Fish Chowder	add \$1.00
Add ham	\$1.00	Add tomato	\$1.00

~ SWEETS AND TREATS ~

Jay's scrumptious cakes, cookies, pies, brownies, muffins, and trail bars – please ask about today's fresh-baked selections!

~ BEVERAGES ~

Hot Chocolate, Hot Cider	\$1.50	Green Mountain Organic Coffee	\$1.50
Soda	\$1.50	Tea (<i>Regular or Herbal</i>).....	\$1.50
Glogg (<i>Hot Mulled Wine</i>).....	\$6.50	Milk	\$1.50
Glaceau Vitamin Water	\$2.00	Glaceau Smart Water	\$2.00
Assorted Beers	\$3.00 – \$3.50	DaSani Water	\$1.50
House Wine By the Glass	\$6.00	Wine Available By the Bottle – Please Ask Your Server	

WELCOME TO THE TUULEN TUPA GRILL

This menu is available beginning at 5:00pm Saturdays & holiday Sundays (final seating 7:30pm)

~ SOUPS & CHILI ~

Finnish Fish Chowder (<i>Kalakeitto</i>)	\$5.50
Soup du Jour	\$4.50
Chili – Veggie or Beef	\$5.99
Add cornbread	\$.75

~ DINNER SALADS ~

Choice of Jay's Homemade Dressings: Bleu Cheese, Ranch, Italian, Russian, Parmesan Peppercorn, House Horseradish

Shrimp Salad ~ <i>Spring mix lettuce, sundried tomatoes, red onions, cucumbers, tomatoes, shrimp and croutons</i>	\$10.99
Chicken Caesar Salad ~ <i>Grilled Chicken, Romaine lettuce mixed together with Caesar dressing, Parmesan cheese and mozzarella cheese, topped with croutons</i>	\$ 7.99
	Vegetarian (without chicken).....\$ 6.99
Mediterranean Salad ~ <i>Spring mix lettuce topped with grilled chicken, roasted red peppers, artichoke hearts, olives, cucumbers, cherry tomatoes, red onions and feta cheese</i>	\$ 8.99
	Vegetarian (without chicken).....\$ 7.99
Hearty Salad ~ <i>Mixed greens, sliced avocado, sun-dried tomatoes, red onion, carrots, cucumbers, red peppers, sprouts, croutons</i>	\$10.99
House Salad ~ <i>Spring mix lettuce with cherry tomatoes, olives, cucumber and red onion topped with croutons</i>	\$ 5.99

~ DINNERS ~

Served with side salad, bread and butter

Finnish Salmon Casserole (<i>Lohilaatikko</i>).....	\$14.99	Finnish Platter	\$17.99
<i>Salmon, potatoes & onions in a rich cream sauce served with Finnish beet & cucumber salads</i>		<i>A sampling of our Finnish meatballs, cabbage rolls & lohi (salmon casserole) served with three Finnish salads & potato</i>	
New York Strip Steak	\$16.99	Finnish Meatballs	\$13.99
<i>12 oz. strip steak prepared to perfection with choice of potato or rice</i>		<i>Five of our sweet & sour cranberry Finnish meatballs served with sides of mushroom salad, beet salad & potato</i>	
Eggplant Parmesan	\$10.99	Fresh Catch of the Day	Market Price
<i>Lightly breaded eggplant served on a bed of marinara topped with mozzarella cheese, served with your choice of penne, angel hair or potato</i>		<i>Served with choice of potato or rice</i>	
Mediterranean Chicken	\$15.99	Tuscan Chicken	\$14.99
<i>Grilled chicken sautéed in a white wine butter garlic sauce with roasted red peppers, artichoke hearts, black olives, diced tomatoes and topped with feta cheese served over penne or angel hair pasta</i>		<i>Chicken strips, broccoli and sun-dried tomatoes sautéed in butter and garlic, topped with parmesan cheese, served over penne or angel hair pasta</i>	
Shrimp Scampi	\$15.99	Vegetable Medley	\$11.99
<i>Shrimp sautéed in a butter garlic sauce with a hint of sherry over your choice of pasta</i>		<i>Grilled vegetables sautéed in olive oil and garlic</i>	
Cabbage Rolls (<i>Kaalikaaryleet</i>).....	\$12.99	Lapland Lake Kids!	\$ 6.99
<i>Three delicious cabbage rolls served with sides of beet salad and potato</i>		<i>Macaroni and Cheese, Grilled Cheese, Hot Dog or Hamburger Served with garden salad & Mott's applesauce</i>	

~ SWEETS AND TREATS ~

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~ BEVERAGES ~

House Wine By the Glass	\$6.00	Wine By the Bottle ~ Please Ask Your Server	
Assorted Beers	\$3.00 – \$3.50	Glogg (Hot Mulled Wine)	\$6.50
Hot Chocolate, Hot Cider	\$1.50	Green Mountain Organic Coffee	\$1.50
Soda	\$1.50	Tea (<i>Regular or Herbal</i>).....	\$1.50
DaSani Water	\$1.50	Milk	\$1.50
Glaceau Vitamin Water	\$2.00	Glaceau Smart Water	\$2.00

Plate Charge (for sharing).....\$3.00