

Course the Wall Trail Run at Lapland Lake

Sunday September 17, 2017

Scenic 5K and 9K race courses on the Lapland Lake private trail system include The Wall which is a short but steep hill conveniently located near the end of the course. Trophy rocks for overall and age group winners. A noncompetitive 1K run or walk on a short section of Lapland Lake's private trail network is also available. Registration fee includes post-race Bar-B-Q party with live music. Minimum age is 15 years for 5K and 9K events; 8 years for 1K event.

Spectators are free and may purchase a food ticket for \$10 day of event. Packet pick-up is from 8:30 AM - 10:15 AM day of race. Start times are 10:45 AM (9K) and 11:00 AM (5K) and 11:05 AM (1K)

Register online at www.runreg.com/course-the-wall or complete and mail the form below.

Completed hard copy registration form must be received by September 13, 2017. Online registration deadline is September 15th. After September 15, call 518-863-4974 for availability of day of race registration.

Select Your Event:

- 9K Trail Run with T-shirt \$45 before 8/31 (\$50 after 8/31)
- 5K Trail Run with T-shirt \$35 before 8/31 (\$40 after 8/31)
- 1K Noncompetitive Trail Run/Walk with T-shirt \$18
- 1K Noncompetitive Trail Run/Walk no T-shirt \$12

First Name

Last Name

Address

City

State/Province

Zip/Postal Code

Phone Number

Email Address

DOB (m/d/yyyy)

Gender

T-shirt Size

Emergency Contact Name

Emergency Contact Phone

I know that participating in a trail race is a potentially hazardous activity, which could cause injury or death. I certify that I am medically able to perform this event, I am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with participating in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, encounters with wildlife, and trail conditions, all such risks being known and appreciated by me. I understand that bicycles, pets, and personal music players are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, hereby assume these and all risks and agree to hold harmless Majestic North LLC, Stoney Creek Nordic Inc. DBA Lapland Lake, and their respective officers, directors, shareholders, members, agents, employees, and all race volunteers and sponsors from any and all liability claims or demands which may arise out of my participation in this event. I grant permission to all of the foregoing to take photographs and video recordings of me and to use these recordings or any other record of this event for publicity and any other legitimate purpose.

Signature (Parent or Guardian if participant is less than 18 years of age)

Date

Please make check payable to "Lapland Lake" and mail completed form with payment to:

Lapland Lake
139 Lapland Lake Rd
Northville, NY 12134

518-863-4974

vacation@laplandlake.com

www.laplandlake.com